#### Mathematically Modeling Alternans in Cardiac Myocytes

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#### Outline

- What is mathematical modeling in biology? Why do it?
- Background on cardiac membrane models and rhythm.
- Cardiac restitution mappings and their fixed points.
- Predicting and controlling alternans.
- Discussion and interactive activities!



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#### Mathematical Models and Why We Use Them

- A **mathematical model** is an attempt to describe a natural phenomenon quantitatively.
- Examples: Michaelis-Menten model of enzyme kinetics; Hardy-Weinberg "Law" in genetics; fruit fly population models  $p_n = p_0 Q^n$ ; etc.
- Models are built upon assumptions and idealizations, but a good model should have some predictive power. Use models to interpolate and extrapolate beyond what is experimentally observable.
- Experiments are expensive and time-consuming! Use models to inform protocol.

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#### The cell membrane



Source: OpenStax Anatomy and Physiology

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#### Membrane potential

- "Potential" (i.e., potential energy)- energy available to do work
  - Electrical potential differences are measured in volts (V)



 "Membrane potential" – potential energy that develops across a biological membrane because of an asymmetric charge distribution:

NB: Always read "inside with respect to outside"



inside the cell ("intracellular")

#### How is the membrane potential generated?

- Membrane potential relies upon two characteristics:
  - The relative concentrations of ions on both sides of the membrane
  - The selective-permeability of the membrane to the ions in question









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#### Some ion channels are voltage-gated

## Voltage-Gated Channels

- Whereas "leak channels" are always open, voltagegated channels only open in response to a change in membrane potential.
- 3 conformations: Closed, Open, and Inactivated



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#### Resting potential



At the resting potential, all voltage-gated Na<sup>+</sup> channels and most voltage-gated K<sup>+</sup> channels are closed. The Na<sup>+</sup>/K<sup>+</sup> transporter pumps K<sup>+</sup> ions into the cell and Na<sup>+</sup> ions out.

Source: OpenStax CNX

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#### Depolarization

(b) Depolarization



In response to a depolarization, some Na<sup>+</sup> channels open, allowing Na<sup>+</sup> ions to enter the cell. The membrane starts to depolarize (the charge across the membrane lessens). If the threshold of excitation is reached, all the Na<sup>+</sup> channels open.

Source: OpenStax CNX

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#### Peak potential



At the peak action potential, Na<sup>+</sup> channels close while K<sup>+</sup> channels open. K<sup>+</sup> leaves the cell, and the membrane eventually becomes hyperpolarized.

Source: OpenStax CNX

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#### **Excitation-Contraction Coupling**

Muscle contractions stimulated by cardiomyocyte

action potential



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#### Mathematical modeling based upon Hodgkin-Huxley-Katz



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#### Excitability

• Cardiac tissue is an example of an excitable medium.

• A sufficiently strong electrical stimulus can cause a cell's transmembrane voltage v to experience a prolonged elevation before eventual return to rest.

• Toilet-flushing analogy<sup>1</sup>



<sup>1</sup>Fittingly, I used the TeX command \*flushright* to right-justify the photo = 3 < 0 < 0John Wesley Cain (Harvard University) Mathematically Modeling Alternans 13 / 34

#### Action Potentials

• Action potential: Prolonged elevation of transmembrane voltage v following a superthreshold stimulus. In the absence of subsequent stimulation, v eventually decays to the resting potential.



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#### Pacing

- Pacing: Repeated stimulation of cardiac cells.
- Useful to explore how a cell responds to *periodic* stimulation. We'll refer to the pacing period as the **basic cycle length (BCL)** (see figure).

**Concept check:** If a patient's heart rate is 120 beats per minute, what is their BCL?



#### Pacing continued...

- Action potential duration (APD) and recovery time (diastolic interval, DI) can be defined relative to a threshold voltage  $v = v_{thr}$ .
- We'll let APD<sub>n</sub> denote the APD which follows the nth stimulus in a paced cell, and  $DI_n$  the subsequent DI.



#### Types of rhythms

- If BCL is large, the sequence  $\{APD_n\}$  converges to a number  $APD^*$ .
- If BCL is decreased, the sequence  $\{APD_n\}$  may settle into a pattern of repeated alternation between two different numbers. This response, known as **alternans**, is abnormal.
- Further reduction of BCL may prevent cells from responding to every stimulus.



#### Experiment: How DI affects APD

- Shortening DI tends to shorten the subsequent APD. Why?
- Sample experiment: (1) Excise a heart, perfuse it. (2) Apply a single stimulus via an electrode to generate an AP. (3) Once AP ends, apply a 2nd stimulus after a specified DI. (4) Record resulting APD.



Source: Laboratory of Daniel J. Gauthier.

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#### Results can be patient-specific, but same general trend



Source: Effect of Adrenergic Stimulation on Action Potential Duration Restitution in Humans, Circulation, 2003. 🛌 🕤

#### Restitution

- APD depends upon the preceding DI.
- Increasing DI (i.e., giving more rest) typically yields longer APD, but with diminished returns if DI is huge.
- If plot  $APD_{n+1}$  versus  $DI_n$ , data points tend to fall along a **restitution curve**:  $APD_{n+1} = f(DI_n)$ .



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#### **Restitution Mapping**

If BCL constant, we can predict  $APD_{n+1}$  if we know  $APD_n$ :

$$\mathrm{APD}_{n+1} = f(\mathrm{DI}_n) = f(\mathrm{BCL} - \mathrm{APD}_n).$$

**Concept check:** If a plot of  $APD_{n+1}$  versus  $DI_n$  looks like the curve below, what would a plot of  $APD_{n+1}$  versus  $APD_n$  look like?

How can math help us understand whether alternans will occur?



#### Digression: One-dimensional mappings

- Suppose a sequence of numbers is defined recursively according to the rule  $x_{n+1} = x_n^2$ . Given  $x_0$ , all subsequent numbers in the sequence are uniquely determined.
- If x<sub>0</sub> = <sup>1</sup>/<sub>2</sub>, what are x<sub>1</sub>, x<sub>2</sub>, ...? What happens to x<sub>n</sub> as n becomes larger and larger?
- If  $x_0 = 2$ , what are  $x_1, x_2, ...$ ? What happens to  $x_n$  as n becomes larger and larger?
- For which special choices of  $x_0$  does the sequence  $x_1, x_2, x_3, \ldots$  remain constant?

#### Fixed points

- A fixed point of the recurrence  $x_{n+1} = f(x_n)$  is a number x such that f(x) = x.
- If x<sub>n+1</sub> = x<sub>n</sub><sup>2</sup>, then f(x) = x<sup>2</sup>. Fixed points satisfy f(x) = x, which means x<sup>2</sup> = x. There are two solutions: x = 0 and x = 1 are the only fixed points.
- Fixed points can be **stable** or **unstable** depending upon what happens if we start from x<sub>0</sub> **near but not equal to** the fixed point.

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#### Stability of Fixed points

• Remember that  $x_{n+1} = x_n^2$  has two fixed points: x = 0 and x = 1.

**Concept check:** Is x = 0 stable? Is x = 1 stable?



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#### Cardiac restitution mapping

• Recall that we can predict  $APD_{n+1}$  if we know  $APD_n$ :

$$\mathrm{APD}_{n+1} = f(\mathrm{BCL} - \mathrm{APD}_n),$$

where BCL is determined from the heart rate.

**Concept check:** If  $APD_0$  were a fixed point, what would the restitution mapping  $APD_{n+1} = f(BCL - APD_n)$  predict about rhythm?



#### Cardiac restitution mapping

 Here is an example of a restitution function that was fit to data from bullfrog hearts, collected using the above mentioned experiment: f(x) = 392 - 525e<sup>-x/40</sup>. The restitution mapping would be

$$APD_{n+1} = 392 - 525e^{-(BCL-APD_n)/40}$$



**Concept check:** If the bullfrog experienced alternans, what would a plot of  $APD_n$  versus *n* look like?

#### Cardiac restitution mapping

The figure below shows what happens if  $\mathrm{APD}_0=200$  and

$$APD_{n+1} = 392 - 525e^{-(BCL-APD_n)/40}$$

with BCL = 500 (left panel) or BCL = 430 (right panel).



#### What triggers alternans

 $\bullet$  When  $\operatorname{BCL}$  is large enough (left panel), the restitution mapping

$$APD_{n+1} = 392 - 525e^{-(BCL-APD_n)/40},$$

has a stable fixed point.

• If BCL dips below some threshold, the fixed point loses stability and alternans results. The fixed point is still there—it's just unstable!



### **Controlling Alternans**

- It is known that APD alternans can lead to life-threatening rhythms, such as ventricular fibrillation.
- We will explain how to terminate alternans by applying small adjustments to the heart rate.
- Clinically, these adjustments can applied by an electrode attached to a surgically implanted device.



#### TDAS Control: Rob from the Rich, Give to the Poor

- During each beat, have the electrode fire stimuli at times that are not precisely BCL units of time apart.
- $\bullet\,$  Modify  ${\rm BCL}$  by an amount proportional to the difference between the two most recent APD values, replacing  ${\rm BCL}$  with

$$\mathrm{BCL} + \gamma (\mathrm{APD}_n - \mathrm{APD}_{n-1}).$$

• The restitution mapping is modified accordingly:

$$APD_{n+1} = f(BCL + \gamma[APD_n - APD_{n-1}] - APD_n).$$

#### Wow—this actually works if $\gamma$ is well-chosen!



#### Discussion

- Using linear algebra and multivariate calculus, it's straightforward to predict which  $\gamma$  values will yield successful control for a given heart rate BCL.
- This has worked experimentally in vitro.
- There are some constraints to consider: We cannot delay the heart's native stimuli. It's difficult to achieve control over the whole heart.
- There are more sophisticated methods, such as far-field pacing, but the mathematics requires more background.

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#### References

- **1** Dale Dubin, Ion Adventure in the Heartland, 2003.
- **2** J. Keener and J. Sneyd, Mathematical Physiology I, 2009.

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## Thank you!

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